



the Fritz Family

missionaries to Cabo Verde



March 2026

Dear praying friends,

I hope all is well with you. We rejoice in the way that God has brought each of you into our path. We are thankful to have Christ in common with so many of you, and though we may serve the Lord in different places and circumstances, we have Fellowship in the Gospel.

Visit from friends

It has been a little bit since our last letter, I apologize for that. Sometimes time flies by. We are just getting back to the normal rhythm of things after taking a sort of two-week "staycation". We had some dear friends from our sending church come and visit us. Our family greatly enjoyed the time together with Todd, Amy and kids. Many moons ago, Todd and Amy were both in our wedding. We are thankful to see the grace of God in their lives and we pray that their visit here was as big of a blessing to them as it was for us. We got to do some fun things together, and had lots of funny as well as deeply meaningful conversations.

Though we try to keep up, by listening to sermons and through talking to folks from time to time, other than a few months, we have basically been away from our sending church for about 10 years. Things change in 10 years, and as we yield to Him, God grows us to be more like himself... it is so refreshing to see God transforming the lives of those we love.

Church Anniversary

The Igreja Evangélica Baptista is celebrating her 70th birthday since the official founding in March of 1956. It is a much longer story than a short letter permits, but God moved in hearts in an unusual way here many years ago to bring about the establishment of this first Baptist congregation in the islands of Cabo Verde. For the past few years this has been our home as well, and we are thankful for the meaningful friendships we have established here. During the celebrations, we will have special services, a library dedication in the name of the founding pastor, and Lord-willing the ordination of a brother into the ministry. Through the years God

has greatly used this church and today pastors in several islands as well as in Portugal have roots that they trace back to this ministry. Various missionaries and missions organizations have invested here over the years and we thank God for all that He has done through this church.

New opportunities

We had the opportunity to begin a new mission/outreach in the village of Salamansa (population +/- 2,000) a few weeks ago. We were invited to have a bible club with children enrolled in a social program that helps reinforce their schooling. We meet every Monday for 45 minutes with a group that comes in the morning (who then have school in the afternoon) and then again with a group that comes in the afternoon (who had school that morning). Between the two groups there are right at 50 kids aged 6-12 enrolled in this program that we get to minister to. Also once a month, our pastor has the opportunity to speak to all the parents whose children are involved in the program. Pray that we can steward this opportunity well. Years ago, there was a baptist mission in this village, and we are praying that God would once again give us open doors to have a meaningful presence in Salamansa.

Kidney stones and a car accident...

Last week Tina found out at the doctor that the pains she has been having over the last few weeks are from a few kidney stones...pray that these pass as smoothly as possible. As "fate" would have it the same day after spending the morning at the doctor being diagnosed with the kidney stones her and Andrew got rear-ended while stopped at a crosswalk. Andrew bounced back like a teenager but Tina had some whiplash that has mostly subsided. At the police Tina had an interesting conversation with a policewoman who left church years ago after an abusive situation. Pray that God would use Tina's words to encourage this lady. Also for physical healing and car repairs...

Thanks for your Prayers!

Nathan and Tina Fritz and Family

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